

LEAD HE HIM TEIN DUM TUAH

Dumthlawhnak i A thabikmi Tuahto ning pawl

- Ei hlan ah thingthei le anhringso pawl kha thiang tein tawl.
- Rawl caah eimi cin tikah, kum 1980 nak in a hlundehumi inn pawl i acung in ruah a tlami luannak hrawng kha hrial.
- Vawlei thatnak le cintlhakmi theipar chuahnak thanchoter dingah thinghnah non kha hmang.
- Vawlei tongh in riantuan hnu ah kut kha thiang tein tawl.
- Dumthlawh tikah kuthruk i hruck.
- Inn chung na lut hlan ah na kedan i phoih.

Ngakchia pawl
he him tein
dum tuah uh –
ei mi tisik
anhnah dihlak
him tein.

Vawlei he dairek in ngakchia
pawl tonter kha hrial. Pe pawl,
thingthei le anhnah eimi
anhringso pawl kha him tein
cing hna, asinain ei hlan ah tisik
anhnah i ahram kha met hna.

Vawlei he dairek in ngakchia pawl
tonter kha hrial. Pe pawl le thingthei
anhnah pawl kha him tein cing hna,
asinain ei hlan ah ahawng na meh lo
ahcun tisik anhnah ahram pawl kha
hrial hna.

Hi vawlei ah dairek in dum tuah
hhah. A thiangmi vawlei he a
sangmi ihkhunh pawl chungah
tisik anhnah dihlak cu cing hna.

Lead He Tonnak Ngeihmi kha Zorter!

Vawlei lead level kha 200 ppm nak in a tamdeuh tik asilole ngakchia pawl he dumthlawh tikah

- A sangmi ihkhunh pawl ser
- A thiangmi vawlei hmang
- Dumthlawhnak i A thabikmi Tuahto ning pawl Zul

Lead caah Manlo in Vawlei Hneksaknak

- IUI Center for Urban Health: bit.ly/iui-soil-lead-test or cuh@iu.edu

Man Tlawn Tein Vawlei & Thazaang a pemi Rawl Hneksaknak

- UMass Soil Testing Lab: soiltest.umass.edu/services



Laknak ahrampi pawl: Brown, S. L., Chaney, R. L., & Hettiarachchi, G. M. (2016). Lead in urban soils: a real or perceived concern for urban agriculture?. Journal of environmental quality, 45(1), 26-36. Kansas State University Agricultural Experiment Station and Cooperative Extension Service, and adopted by the Penn State Cooperative Extension Service. (Assume soil testing for lead with EPA Method 3051A). Filippelli, G. (2002) Garden Safe Garden Well.

LEAD HE HIM TEIN DUM TUAH

Dum tuah ka duh! → **KADUH**

KADUH LO



Na vawlei hneksaknak kha tuaktaan.
Na vawlei tonghtham tikah *a
thabikmi tuahto ning pawl kha zul. Na
inn kha 1978 hlan rak sakmi a si
i/asilole hman tukmi lam cungah na
um ahcun, na vawlei kha hneksak.

Nan vawlei cu lead caah hneksaknak na tuah cang maw?

KADUH LO

KADUH

Lead a tlawm
asilole a um lo?



Lead a tammi level hmuh a si. *A thabikmi
tuahto ning pawl kha zul. Vawlei lead
level, tihnung na inkawhnak, ngakchia
no umnak, le cinmi thingramhnah phung
(rawl caah eimi/ei lomi) cungah hngat in a
hlankanh in ralrinnak ngei.

*ZAANGFAHNAK IN A THABIKMI
TUAHTO NING LEIAH I MER.

