Female Exam Social Story



I have a visit with my doctor today. The doctor is going to check my private parts.



I clean my body.



I check in and sit in the waiting room.



I ask the nurse if I need to pee in a cup.



I change into a gown. I sit on the exam table.



I tell the doctor about my period bleeding.



I lay down and put my heels in the foot holders.



I scoot my bottom to the end of the table. I let my knees fall to each side.



The doctor looks at my skin.

The doctor checks my groin and labia.



The doctor looks inside my vagina.
The doctor uses a speculum.



I ask the doctor to stop if I need a break.



The doctor looks at my anus.



Great job getting your exam!



The doctor and I talk about next steps.

THE END