## BEDROOM REMINDERS

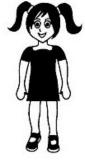
Match your clothes to the weather

















**TEMPERATURE** 

HOT

WARM

**CHILLY** 

**COLD** 

HOT

WARM

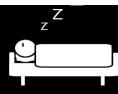
CHILLY

COLD











Clip	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
nails on calenda							
r							
When get up							
Clean clothes, socks, underwear							
Bedtime							
Physical Activity							