Date: _____

Completed by: ______ Relationship to patient: ______

Help Me Have a Good Medical Visit

| Things that help my visit: (mark all that apply) | | | | | | | |
|--|-------------------|--|-------------------------------|---|--|--|---------------------------|
| | Prefer early day | | Limit time in | | Extra staffing | | Special help for blood |
| | | | waiting room | | needed | | draw or injection |
| | Prefer end of day | | Limit time for whole visit | | Special exam positioning | | May need sedation |
| Other visit needs (such as ways to keep my mind off what's happening): | | | | | | | |
| I communicate with (such as voice, sounds, signs, device): | | | | | | | |
| I understand better if you: (mark all that apply) | | | | | | | |
| | Speak simply | | Use gestures | | Write it down | | Look at me when you speak |
| | Speak quietly | | Use pictures | | Ask me to repeat back | | Use Sign Language |
| | Speak slowly | | Speak louder | | Repeat things to help me understand | | Talk to my caregiver |
| I am triggered by (such as noise, smells, sounds, texture): | | | | | | | |
| Response behavior: | | | | How to help: | | | |
| | | | | | | | |
| My response to a medical exam is (generally): | | | | | | | |
| | Fully cooperative | | Fearful | | Resistant | | Aggressive |
| My response to pain is (generally): | | | | | | | |
| Typical Unique (such as <i>getting</i> | | | | ng q | g quiet): | | |
| Cautions (such as: <i>physical responses, eating non-food, choking, unsteady walking</i>): | | | | | | | |
| Things I like at a health care visit: | | | | Things I don't like at a health care visit: | | | |
| | | | | | | | |
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