

Prep for your Mammogram

Get the answers to these questions ready before you go for your mammogram.
Ask for help if you do not know the answers.

1. Who is your primary care doctor?



Name:

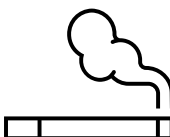
Address:

Phone:

2. Do you smoke cigarettes?

Yes

No



3. What is your ethnicity?

Black/African America

Hispanic/Latino

White/Caucasian

Asian/Pacific Islander

Native American/Alaskan Native

Multiracial/Biracial

Ashkenazi Jew

Other

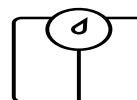
4. What is your height?

____ ft ____ in



What is your weight?

_____ lbs



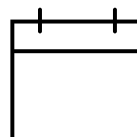
5. How old were you when your period started? _____ years old

When was your last period? ____/____/____

Have you stopped having periods?

Yes

No



6. Have you had a hysterectomy (surgery to take out your uterus)?

Yes

No

Have you had a surgery to take out your ovaries?

Yes

No

I don't know

7. Are you pregnant now?

Yes

No



Have you ever been pregnant?

Yes

No

How old were you when you had your first child? _____ years old

Did you ever breastfeed?

Yes

No

8. Do you take any hormone medicines (birth control pills, menopause or hot flash medicine)?

Yes

No

Did you ever?

Yes

No



9. Has anyone in your family had breast cancer?

Yes

No

If yes, how were they related to you?



10. Do you have any breasts problems like pain, a lump or skin change?

Yes

No

If yes, which one? _____

11. Have you had a mammogram before?

Yes

No

Where was that test done? _____

12. Do you have breast implants?

Yes

No

13. Have you had surgery or biopsy of your breasts?

Yes

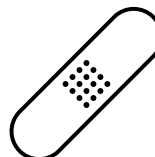
No

Which breast had surgery or biopsy?

Right

Left

Both



What were your biopsy results?

Normal

Abnormal