



First Month Down!

Happy September IUSM, and congrats on completing your first month of a new school year! We hope you are enjoying the last of the warmer months and looking forward to some fun fall activities.

Apple-picking, anyone?

In this issue, we will highlight some exciting upcoming events for the next couple of months and share our full September calendar.

We are also thrilled to start our DEI Coalition Vice President Highlight series! First up, Lindsay O'Shaughnessy, VP of DEI Training.



MIIs on the Indianapolis campus volunteer at Gleaners Food Bank for their Community Immersion Project during first-year orientation.

This issue:

Upcoming Events
PG. 2-3

VP Highlight: Lindsay
O'Shaughnessy
PG. 4

September Calendar
PG. 5

Contact Semanti Naiken (snaiken@iu.edu) with photos/details if you would like an event to be featured in upcoming issues of this newsletter.

DO GOOD WITH CHIPOTLE

CHIPOTLE FUNDRAISER FOR
IUSM DEI COALITION
25% OF EVENT SALES GET DONATED TO THE CAUSE

TUESDAY, OCTOBER 1ST | 5-9PM
601 OSCAR ROBERTSON BLVD, INDIANAPOLIS, IN, 46202

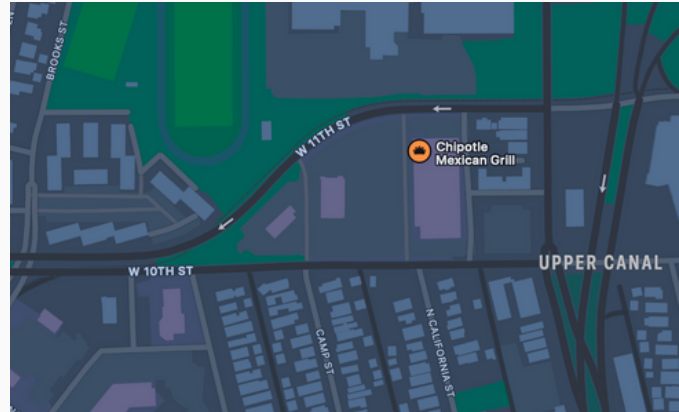
ORDER ONLINE FOR PICKUP USING CODE **Y7NZFCW**
OR SHOW THIS FLYER IN RESTAURANT

CHIPOTLE

For online orders to count toward the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.

The IUSM DEI Coalition is hosting a fundraiser at Chipotle on 601 Oscar Robertson Blvd on Tuesday, October 1st from 5-9pm.

Come support DEI initiatives on campus and pick up a delicious dinner! Order online using Code: Y7NZFCW or show the flyer in-person at the restaurant.



INDIANA ALZHEIMER'S DISEASE RESEARCH CENTER
18th Annual Martin Family Alzheimer's Disease Caregiver Symposium

FRIDAY, SEPTEMBER 6, 2024
5th Mary Guerriero Austrom Commemorative Keynote Lecture:
Navigating the Diversity of Caregiving Experiences
In-person: 9am – 3pm EST
Goodman Hall
362 W. 15th St.
Indianapolis, IN 46202
Join virtually: 10am EST
redcap.link/martinfamily2024

Dr. Crystal M. Glover

Scan below to register!

ALZHEIMER'S ASSOCIATION Greater Indiana Chapter
SCHOOL OF MEDICINE DEPARTMENT OF NEUROLOGY Center for Neurodegenerative Disorders
CICOA Aging & Health Solutions

IADRC@IU.EDU 317-963-5500

The Indiana Alzheimer's Disease Research Center is hosting its 18th annual Martin Family Alzheimer's Disease Caregiver Symposium on Friday, September 6th. As part of the Symposium, Dr. Crystal M. Glover will deliver the 5th Commemorative Keynote Lecture in honor of Dr. Mary Gurriero Austrom, who served as IUSM's Associate Dean for Diversity Affairs and Professor of Alzheimer's Education and Clinical Psychology in the Department of Psychiatry. The lecture will focus on the unique challenges faced by caregivers and the role that diversity plays in navigating them. Register for the in-person or virtual event on Friday, September 6th using the QR code on the flyer.



The DEI Coalition Community Engagement subcommittee is hosting an outreach event on Sunday, September 22nd from 9-11am. Sign up using the QR code below or contact Saveda Majety for more information!



Calling all AMWA members! Annual applications for IUSM AMWA's mentorship program are now available. This program pairs MS3/4 student mentors with MS1/2 student mentees to help you find support as you navigate medical school, learn more about opportunities to get involved with AMWA, and build lasting relationships within the AMWA community.

Scan the QR code on the flyer to apply to be a mentor or mentee. The application deadline is Friday, September 13th at 11:59 pm ET.

INTRODUCTION TO CAREERS IN HEALTHCARE

Hosted by DEI Coalition Recruitment, Retention, and Admissions Subcommittee and IUSM Office of Admissions

Friday, September 27th

The Recruitment, Retention, and Admissions subcommittee is looking for student volunteers to help with their Introduction to Careers in Healthcare event hosted in conjunction with Renee Akins, Associate Director of Admissions at IUSM. Volunteers are needed for a student panel and assistance with a hands-on activity. If interested, sign up here or contact Jordan Finch for more information.

LINDSAY O'SHAUGHNESSY

VP OF DEI TRAINING



I'm Lindsay O'Shaughnessy (MS2 on the Indy Campus) and the VP of the DEI Training Subcommittee. I'm excited to be in this position because I truly believe that as future physicians, we can improve our medical training and care for our patients if we work together!

The DEI Training Subcommittee focuses on: Implicit Bias Training for Fall/Spring interview day, hosting Professional Development lectures that supplement topics of interest from the student body, and collaborating with other SIGs on projects adjacent to Diversity, Equity, Inclusion, and Justice in medicine.

My goals for the training subcommittee include multi-SIG involvement on projects, adding depth to important topics (Trauma Informed Care, LGBTQ+ care, Medical Training Mental Health, Recruitment of Underrepresented Students in Medicine... Etc.), and leadership development myself and all team members.

In September, we are collaborating on a "How to Apply to College" presentation for the incredible students at Crispus Attucks High School, many of whom are interested in pursuing medical careers. This offers critical information to help students find the right college, fill out forms, write personal statements, apply for loans, and develop an expectation of the college environment. It's important to recognize that each of these steps can represent a barrier for students, especially as many of them may be the first in their family to do so! A little mentorship can go a long way!

On a personal note, both my husband (now resident physician!) and I are first generation medical students. Navigating the MCAT, application process, essays, interviews— really everything— was so challenging. I think this really drives us to be there for other people going through similar circumstances and appreciate those who have supported us.

Lastly, I want to emphasize that the DEI Training Subcommittee is for everyone and can support the betterment of everyone. Please reach out if you have topics of interest, speakers you would like to hear from, or projects to collaborate on. Our team is working to put forward an insightful and inspiring Professional Development series for the 2024-2025 academic year!

DEI Coalition and Affinity SIGs Upcoming Events

SEPTEMBER 2024

SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3 Stepping Stones of Women in Leadership Series	4	5	6 Mary Gurriero Austrom Keynote Lecture	7 Diaper Dash 5k
8	9	10	11	12	13	14
15	16	17	18	19 Cookies & Canvas	20	21
22 Changing Footprints Shoe Sorting	23	24	25	26	27 Introduction to Careers in Healthcare	28
29	30	1 Chipotle Fundraiser	2	3	4	5

Event Details

- IUSM Faculty Affairs and Professional Development Stepping Stones of Women in Leadership ft. Dr. Zeina N. Nabhan, MD, FAAP - September 3**
 - 12-1pm ET on Zoom
 - Register at <https://medicine.iu.edu/faculty/registration?scheduleid=f2abf2e4-9fcb-64c0-fe2a-a887f1ecbe73>
- Healthier Moms and Babies 8th Annual Diaper Dash 5k - September 7**
 - Join IUSM OBGYN and Public Health SIGs in raising awareness for maternal and infant health!
 - Where: Parkview Family YMCA Pavilion
 - Register at <https://www.healthiermomsandbabies.org/diaper-dash>
- Wellness Coalition Cookies & Canvas - September 19**
 - Join the IUSM Wellness Coalition for their annual Cookies & Canvas event featuring free Insomnia Cookies and painting!
 - 4-6pm ET outside Ruth Lilly Medical Library

Check out pg. 2-3 of this newsletter for more information on featured upcoming events! The DEI Coalition also has some exciting initiatives in the works for October...stay tuned for next month's newsletter to find out more!