**Camila Libel Arnaudo, M.D.**

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**EDUCATION**

2000 - 2004 M.D. (cum laude), University of Maryland School of Medicine, Baltimore, MD

1996 - 2000 B.A. (magna cum laude), Amherst College, Amherst, MA Biology (departmental distinction)

**RESIDENCY TRAINING**

2004 - 2008 Harvard Longwood Psychiatry Residency Training Program, Brigham and Women's Hospital, Beth Israel Deaconess Medical Center, Massachusetts Mental Health Center, Boston, MA

**FELLOWSHIP TRAINING**

2015 - 2017 Fellow in Addictions Psychiatry, Indiana University School of Medicine, Indianapolis, IN

**LICENSURE & CERTIFICATIONS**

January, 2019 Recertified by American Board of Psychiatry and Neurology

October, 2018 Board Certified Addictions Psychiatry Subspecialty

April, 2009 Board Certified by American Board of Psychiatry and Neurology

**HOSPITAL APPOINTMENTS and POSITIONS**

2020 – present Medical Director Addictions Treatment and Recovery Center IU Health Bloomington Hospital Outpatient Behavioral Health

2018 - 2020 Addiction Psychiatrist Centerstone of Indiana

2015 - 2017 Addiction Psychiatry Fellow Midtown Mental Health Center

2011 - present Staff Psychiatrist Indiana University Health Bloomington Hospital

2008 - 2011 Staff Psychiatrist Columbus Regional Hospital

2008 - 2011 Staff Psychiatrist, Centerstone of Indiana

**ACADEMIC APPOINTMENTS**

2023 – present Interim Vice Chair of Education for Department of Psychiatry, Indiana University School of Medicine

2019 – 2023 Adjunct lecturer in Clinical Psychiatry, Indiana University School of Medicine, Bloomington Regional Campus

2016 - 2019 Lecturer in Clinical Psychiatry, Indiana University School of Medicine, Bloomington Regional Campus Bloomington, IN

**TEACHING EXPERIENCE**

2023 - present Co-Instructor statewide Third Year Medical Student didactic presentation on substance use disorder presented monthly, Indianapolis, IN

2018 - 2023 Director of Third Year Medical Student Psychiatry Clerkship, IU Medical School, Bloomington Regional Campus, Bloomington, IN

2016 - 2023 Co-Instructor for Foundations of Clinic Practice, Part 1; Lecturer for psychiatry section of Neurobehavioral course; Indiana University School of Medicine, Bloomington Regional Campus, Bloomington, IN

2015 - 2016 Volunteer Clinical Faculty and Course Director for Psychiatry Section Indiana University School of Medicine, Bloomington Regional Campus, Bloomington, IN

2013 - 2015 Volunteer Clinical Faculty Psychiatry Section

2007 - 2008 Instructor, Psychopathology and Introduction to Clinical Psychiatry, Harvard Medical School, Boston, MA

2007 - 2008 Supervised psychiatry residents, medical students, neurology residents on the inpatient unit at Beth Israel Deaconess Medical Center, Boston, MA

2004 Seminar on patient interviewing to first year Boston University School of Medicine students rotating at Bournewood Hospital, Boston, MA

2001 - 2002 Review Session Leader, Biochemistry and Physiology Department, University of Maryland School of Medicine, Baltimore, MD

1998 - 2000 Teaching Assistant, Department of Biology, Amherst College, Amherst, MA

**RESEARCH EXPERIENCE**

1999 - 2000 Amherst College, Department of Biology, Amherst, MA Completed Honors Thesis in Biology entitled, Probing the Function of *C. elegans* APH-2: A Genetic Analysis Approach, under supervision of Dr. Caroline Goutte, PhD.

1999 - 2000 Baystate Medical Center, Springfield, MA - Research Assistant in the ED

1998 Center for Vaccine Development, University of Maryland School of Medicine, Baltimore, MD, Research Assistant with Dr. James Kaper, PhD.

1996 -1998 Amherst College, Department of Biology, Amherst, MA, Research Assistant with Dr. Paul Ewald, PhD

1995 - 1996 National Institute of Child Health and Human Development, Section on

Developmental and Molecular Pharmacology, Bethesda, MD, Research Assistant. in the lab of Dr. Joanna Hill, PhD.

**COMMITTEE APPOINTMENTS & LEADERSHIP POSITIONS**

2024 – present Suicide and Overdose Fatality Review Team (SOFR) for Monroe County, Indiana, Member

2024 – present Leader of Education Subcomittee for Strategic Planning Department of Psychiatry of Indiana School of Medicine

2022 - present Co-director of **Indiana** **C**onsultations for **H**ealthcare providers in **A**ddiction, **M**ental **H**ealth, and **P**erinatal (**CHAMP**) **Program**

2018 - present Indiana Maternal Mortality Review Committee Member

2024 – present IU Medical School ECHO Expert Panel for Best Practices for Treating Pregnant, Postpartum Individuals and Infants Impacted by OUD

2018 – 2023 IU Medical School ECHO Expert Panel for Opioid Use Disorder in Pregnancy

2022 – 2023 IU Medical School ECHO Expert Panel Maternal Mortality Prevention and IPV

2023 IU Medical School ECHO Expert Panel Peer Recovery Coaches and OUD

2015 - 2023 Director Third Year Psychiatry Clerkship, Indiana University School of Medicine, Bloomington, IN

2011 - 2014 Postpartum Depression Task Force Member

2010 - 2011 Medical Executive Committee, Columbus Regional Hospital

2005 - 2008 Selection Committee, Harvard Longwood Psychiatry Residency Training

Program

2007 - 2008 Graduate Medical Education Committee, Brigham and Women's Hospital

2005 - 2006 Training Committee Harvard Longwood Psychiatry Residency Training Program

2006 ACGME Site Visit Committee, Harvard Longwood Psychiatry Residency Training Program

**PROFESSIONAL MEMBERSHIPS**

2024 - present Indiana State Medical Society

2020 - present American Society of Addiction Medicine

2019 – present North American Society for Psychosocial Obstetrics & Gynecology

2019 - present Marce of North America

2016 - 2020 American Academy of Addiction Psychiatrists

2012 - present Postpartum Support International

2008 - present Indiana Psychiatric Society

2005 - present American Psychiatric Association

2005 - 2008 American Medical Association

2005 - 2008 Massachusetts Psychiatric Society

**HONORS & AWARDS**

2022 Mental Health America of Monroe County, Outstanding Mental Health Provider

2004 American Medical Women's Association, Glasgow-Rubin Student Achievement Certificate

2004 Eugene B. Brody Award for Excellence in Psychotherapy

2000 Sigma Xi, The National Honorary Scientific Research Society

1998 The Harvey Blodgett and Phi Delta Theta Scholarships in Biology

1997 Howard Hughes Foundation Fellowship for Scientific Research

1996 NIH Summer Intramural Research Training Award

1995 NIH Summer Intramural Research Training Award

**PUBLICATIONS**

Nguyen, T., Andraka-Christou, B., Arnaudo, C., Bradford, W. D., Simon, K., & Spetz, J. (2022). Analysis of US County Characteristics and Clinicians With Waivers to Prescribe Buprenorphine After Changes in Federal Education Requirements. *JAMA Network Open*, *5*(10), e2237912-e2237912.

Arnaudo, C.L., Andraka-Christou, B, Allgood K, Psychiatric Co-Morbidities in Pregnant Women with Opioid Use Disorders: Prevalence, Impact, and Implications for Treatment, 2016 Curr Addict Rep (2017) 4:1–13.

Hill J.M., Chiang M.E., Glowa J.R., Gressens P., Abebe DT, **Libel C.**, Dibbern D.A., Lee

J.S., Gibney G., Gozes I, Glazner G.W., Brenneman D.E., 1997. Learning impairment in adults mice produced by early embryonic administration of antiserum to activity-dependent neurotrophic factor (ADNF). Soc. Neurosci Abst. 23:2250.

Ewald P.W., Sussman J.B., Distler M.T., **Libel C.**, Chammas W.P., Dirita V.J., Salles

C.A., Vicente A.C., Heitmann I., Cabello F., 1998. Evolutionary Control of Infectious Disease: Prospects for Vectorborne and Waterborne Pathogens. Mem Inst Oswaldo Cruz, Rio de Janeiro, 93(5), 567-576.

**GRAND ROUNDS**

“Medication For Opioid Use Disorder and the Indiana CHAMP Program,” for IU Health Bloomington Hospital, April 5, 2024, Bloomington, IN

“Introduction to the Indiana CHAMP Program.” For Family Medicine Virtual Grand Rounds for Department of Family Medicine Indiana University School of Medicine, January 10, 2024, Indianapolis via Zoom.

“Opioid Use Disorder: Screening and Intervention,” January 19, 2019, IU Health Bloomington Hospital, Bloomington, IN.

“Perinatal Opioid Use Disorder”, co-presented with Dr. Tara Benjamin, October 5, 2018, IU School of Medicine, Department of Psychiatry, Indianapolis, IN.

“Co-occurring Opioid Use Disorder and Mental Illness in Pregnancy,” April 12, 2017, IU Health Bloomington Hospital, Bloomington, IN.

*“*Psychiatric Co-morbidities in Women with Opioid Use Disorder,” November 18, 2016, IU School of Medicine, Department of Psychiatry, Indianapolis, IN.

“Perinatal Mood and Anxiety Disorders,” July, 2011, IU Health Bloomington Hospital, Bloomington, IN.

**ORAL PRESENATIONS**

“Perinatal Mood Disorders and the Indiana CHAMP Program,” breakout session at the 41st Annual Institute for Alcohol and Drug Studies University of Southern Indiana,May 16, 2024, Evansville, IN.

Perinatal Mood Disorders: Components of Care - pharmacology lecture, Postpartum Support International Certification training, May 6, 2024, via Zoom to Portugal

Advanced Pharmacology part of Postpartum Support International Certification training, May 3, 2023, Indianapolis, IN.

Perinatal Mood Disorders: Components of Care - pharmacology lecture, Postpartum Support International Certification training, May 2, 2024, Indianapolis, IN

“Perinatal Mental Health Care Pearls and the role of Indiana CHAMP Prog,” CHAMP Sponsored CME Event, March 15, 2024, Gary, IN.

“Indiana CHAMP Program,” Presented to Women’s Hospital. February 9, 2024. Newburgh, IN.

“Indiana CHAMP Program,” Parkview Physician Group. January 23, 2024. Fort Wayne, IN.

“Stigma and Substance Use Disorder in the Perinatal Period,” Black Maternal Health ECHO, January 17, 2024, Indianapolis, IN via Zoom.

“Indiana CHAMP Program Progress Report and Case Studies,” Mental Health of American Annual Conference, December 8, 2023. Indianapolis, IN.

“Indiana CHAMP Program.” ICPS Maternity Safety Workshop, October 6, 2023 via Zoom to Indianapolis, IN.

“Perinatal Substance Use Disorder: A Time of Opportunity and Peril,” Indiana Psychiatric Society, Regional Integrated Mental Health Conference (RIMHC), September 22, 2023, West Baden, IN.

Advanced Pharmacology part of Postpartum Support International Certification training, September 9, 2023, Indianapolis, IN.

Perinatal Mood Disorders: Components of Care - pharmacology lecture, Postpartum Support International certification training, September 8, 2023, Indianapolis, IN

“How to Use Indiana CHAMP Program in your Practice: Case Study of Bipolar Disorder in Perinatal Period” Perinatal Substance Use Conference hosted by Indiana Perinatal Quality Improvement Collaborative (IPQIC), September 14, 2023, Fishers, IN.

Perinatal Mood Disorders: Components of Care - pharmacology lecture, Postpartum Support International Certification training, August 24, 2023, Fort Wayne, IN

“Substance Use Disorder in the Perinatal Period: A tale of complexity and comorbidity,” Postpartum Support International Plenary Session, July 2, 2023, Kansas City, MO

Perinatal Mood Disorders: Components of Care part of Postpartum Support International Certification training, pharmacology portion, June 28, 2023, Kansas City, MO

“We are all in this together: Expanding psychiatrists’ responsibility for reproductive health post-Roe.” Abstract accepted to the 2023 Annual Meeting planned for May 20-24, 2023 in San Francisco, CA.

“Substance Use Disorder in the Perinatal Period: Its consequences and mitigative strategies.” Keynote Address, Maternal Mental Health Symposium, Mental Health of America and Mental Health Awareness of Michiana, May 5, 2023, South Bend, IN.

“Detection & Treatment of Depression & Anxiety in the Perinatal Period: Practical Information For the Frontline Provider.” Maternal Mental Health CME Presentation, May 4, 2023, Compton Family Ice Arena, Notre Dame University, South Bend, IN.

“Maternal Substance Use.” Maternal Mental Health Conference, May 3, 2023, Fort Wayne, IN

“Perinatal Substance Use Disorders and Trauma Exposure: Antecedents and Outcomes” Co-presented with Michelle Miller, PHD, HSPP, Indiana Section ACOG Scientific Meeting, April 19, 2023, Indianapolis, IN.

“Perinatal Mood and Anxiety Disorders: Practical Pearls for Primary Care Providers” Virtual Lunch and Learn presented virtually via Microsoft Teams to primary care physicians of IUH Southern Indiana Physicians, February 21, 2023, Bloomington, IN.

Perinatal Mental Health Training for Frontline Providers with Postpartum Support International, psychopharmacology section virtually via Zoom to doctors of IU Health system, February 17, 2023.

Spanish version of Perinatal Mood Disorders: Components of Care part of Postpartum Support International Certification training, this was delivered in Spanish, psychopharmacology portion of the training virtually via Zoom, February 10, 2023.

“Substance Use Disorder in the Postpartum Period: A Case for Greater Focus on this Critical Time.” Mental Health of America of Indiana, December 9, 2022, Indianapolis, IN.

“Panel: Maternal Substance Use.” Labor of Love Summit, December 8, 2022, Indianapolis Indiana.

“Substance Use Disorder in the Postpartum Period: Morbidity and Mortality and Mitigative Interventions,” July 15, 2022, Annual Postpartum Support International Conference, New Orleans, LA.

“Substance Use Disorder in the Perinatal Period,” presenter, November 4, 2021, Postpartum Support International Workshop titled delivered via Zoom to Amador County, CA.

“Women in Psychiatry: Preventing Backslide in Gender Equity in the Pandemic,” May 1-3, 2020, American Psychiatric Association National Meeting, Virtual.

Community Conversation on Maternal Mortality, panel member, September 13, 2018, Monroe County Public Library, Bloomington, IN.

**“**Diagnosis and Treatment of Peri-partum Mood Disorders,” April 19, 2017, ACOG Section Meeting, Indianapolis, IN.

**“**Diagnosis and Treatment of Peri-partum Mood Disorders,” April 6, 2017, Monroe and Owen County Medical Society, Bloomington, IN.

“Addiction as Chronic Brain Disease: Implications for Clinical Practice,” March 9, 2016, Monroe and Owen County Medical Society, Bloomington, IN.

“Case Summary of AR,” Hasenbush Day Clinic Case Conference, April 2, 2008, Boston, MA;

**ABSTRACTS**

Lin, S.Y.'00, **Libel, C.**'00, Scangos, K.'02 and C. Goutte, "Initial Characterization of aph-1 suppressors," East Coast C. elegans Meeting, Atlanta, GA. June 9-11, 2000.

**LANGUAGES**

Fluent in Portuguese and Spanish;